

# BU ISCOVERING DHISM



@ the Buddhist Library

## (GUIDE TO BUDDHA'S TEACHINGS)

A 10-part Course designed to provide guidance to participants on how key aspects of the Buddha's teachings apply in our daily lives.

Who Should attend?

Suitable for those who wish to know more about the basics of buddhism.

**Starting date: 23 February 2007**  
**10 weeks (every Friday @ 7.30pm)**

**Course Fee: \$70.00 (Non-library members)**  
**\$60.00 (Library members)**

### Course Programme:

<u>Date</u>	<u>Topic</u>	<u>Lecturer</u>
23 Feb 2007	: Buddhism as we see it today - General concepts -religion or atheistic? - Comparison with other spiritual movements - Its relevance in today's secular context	Wee Sin Tho
2 Mar 2007	: The Founder - Life of Gautama the Buddha - His lifelong work - His contributions to the world - Significance of "Buddhahood"	Dr Jeffrey Po
9 Mar 2007	: The Core teachings - Why the teaching of the four Noble Truths - Understanding the concept of suffering - How to cope in today's context	Dr Jeffrey Po
16 Mar 2007	: The Path - The Middle Path - The three Aspects of the Path - The methodology to escape from rounds of rebirth - Mind Transformation - Meditation	Wee Sin Tho

<u>Date</u>	<u>Topic</u>	<u>Lecturer</u>
23 Mar 2007	: The Doctrine (I) - The Tipitaka (3 Baskets) - Evidence of authenticity - historical	Ven. B. Dhammaratana
30 Mar 2007	: The Doctrine(II) - The 3 Characteristics of existence - Concept of the Five Aggregates - The Theory of Karma and Rebirth	Dr Tham Weng Yew
6 April 2007	: The Moral Development - The five, eight and ten precepts - The Triple Gem - Taking the precepts - Leading a moral life	Ven. B. Dhammaratana
13 April 2007	: The Middle Doctrine - Doctrine of Dependent Origination - Applications and implications to a modern lifestyle	Prof Chandima
20 April 2007	: The Facets of Buddhism - A look at Theravada, Mahayana & Vajrayana concepts and teachings - Rituals, ceremonies and culture	Dr Tham Weng Yew
27 April 2007	: Facing the world - Applying Buddhism in a modern setting - Looking into human lifespan in the Buddhist context - Tackling death and the dying process	Dr Jeffrey Po

REGISTRATION

Name: \_\_\_\_\_  
(Dr/Mr/Ms/Mdm)

Address: \_\_\_\_\_  
\_\_\_\_\_

Tel No: \_\_\_\_\_ (HP) \_\_\_\_\_ (H/O)

Email: \_\_\_\_\_

Are you a member of the Library? ( Y / N )

**Note:** Cheque is to be made payable to "**Buddhist Research Society**"

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